



## Pulmonary fibrosis resources for patients and carers

### GENERAL INFORMATION

[Life with Pulmonary Fibrosis](#)

BOOKLET



[Life with Pulmonary Fibrosis](#)

(Arabic)  
BOOKLET



[Life with Pulmonary Fibrosis](#)

(Vietnamese)  
BOOKLET



[Life with Pulmonary Fibrosis](#)

(Simplified Chinese)  
BOOKLET



[Cough and Breathlessness](#)

BOOKLET



[Other Health Conditions  
and Pulmonary Fibrosis](#)

FACTSHEET



[Exercise and Pulmonary  
Fibrosis](#)

FACTSHEET



[Preparing for Travel](#)

FACTSHEET



[Preventing and Managing  
Respiratory Infections](#)

BOOKLET



[Managing Progression in  
Pulmonary Fibrosis](#)

FACTSHEET



[How Can Palliative Care  
Help?](#)

FACTSHEET



[Interstitial Lung  
Abnormalities](#)

FACTSHEET



### DISEASE SPECIFIC INFORMATION

[Idiopathic Pulmonary  
Fibrosis](#)

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[Connective Tissue Disease-  
associated Interstitial  
Lung Disease](#)

FACTSHEET



[Hypersensitivity  
Pneumonitis](#)

FACTSHEET



[Scleroderma with Interstitial  
Lung Disease](#)

FACTSHEET



[Sarcoidosis of the Lung](#)

FACTSHEET



[Antisynthetase Syndrome](#)

BOOKLET



[Drug-Induced Interstitial  
Lung Disease](#)

FACTSHEET





## Pulmonary fibrosis resources for patients and carers

### TREATMENT INFORMATION

[How Can Oxygen Therapy Help?](#)

BOOKLET



[Non-pharmacological Treatment](#)

BOOKLET



[Clinical Trials in Lung Fibrosis](#)

FACTSHEET



[Lung Transplant and Interstitial Lung Disease](#)

FACTSHEET



[Anti-fibrotic Treatments for Pulmonary Fibrosis](#)

FACTSHEET



[Prednisolone](#)

FACTSHEET



[Nintedanib](#)

FACTSHEET



[Pirfenidone](#)

FACTSHEET



[Mycophenolate](#)

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[Azathioprine](#)

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[Rituximab](#)

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[Methotrexate](#)

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[Cyclophosphamide](#)

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The Centre of Research Excellence in Pulmonary Fibrosis Translation, Education and Support (TEDS) Program developed these resources, in partnership with Lung Foundation Australia, to support people living with pulmonary fibrosis.

Visit the [www.cre-pf.org.au](http://www.cre-pf.org.au) to learn more about the TEDS Program and view new resources.